

# zero TO THRIVE

## Kate Rosenblum, Ph.D.

Co-Director, Zero to Thrive



### Current appointments

Professor, University of Michigan  
Department of Psychiatry

Research Scientist,  
Center for Human Growth & Development,  
University of Michigan

### Education

- B.A., Psychology, Mills College, 1991
- Ph.D., Clinical and Developmental Psychology, University of Michigan, 2000

**Dr. Rosenblum** is a clinical and developmental psychologist with expertise in infant and early childhood mental health. At the University of Michigan, she leads a number of initiatives focused on the well-being of young children and their families. In the Department of Psychiatry, she co-directs the Women and Infants Mental Health Program and the Infant and Early Childhood Clinic, the specialty clinic designed to provide developmentally informed and relationally-focused assessment and intervention for children birth to 6 years old.

At the Center for Human Growth & Development, she collaborates on projects focused on parenting and child self-regulation, and pediatric health outcomes. At the University of Michigan Law School, she serves as the psychologist consultant to the Child Advocacy Clinic.

Dr. Rosenblum has been recognized nationally and internationally for her work in infant and early childhood mental health. She is a member of the Academy of



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“Experiences during the first years of life lay a critical foundation for later developmental success, and research underscores the likely profound return on investment of early intervention. When we support families with young children, we are intervening across generations, promoting positive outcomes for the current family constellation and well beyond.”

Michigan Association for Infant Mental Health, and is a member of the Board of Directors of the International Alliance for the Advancement of Infant Mental Health.

Dr. Rosenblum’s research, teaching and clinical work focus on parenting and infant and early childhood mental health. She directs a number of federally and foundation funded studies aimed at prevention and intervention for families with infants and young children. These populations include military and veteran families, families involved in the child welfare system, and parents with mental illness. Many of the families she works with have experienced significant disruptions, including separations, trauma, and/or loss. In these contexts, her work focuses on strengthening protective factors to enhance family resilience. She has published numerous peer-reviewed articles and book chapters on these topics.

### Areas of interest

- Infant and early childhood mental health
- Dyadic and relationship-focused psychotherapy
- Trauma and loss in infancy and early childhood, including a focus on child welfare
- Parental belief systems and meaning-making about parenthood
- Special populations, including military families with young children
- Parent mental health and intergenerational transmission of risk



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