

Jessica Riggs
5005 Bosun's Way, Apt. A3
Ypsilanti, MI 48197
(734) 417-1439 · jlriggs@umich.edu

EDUCATION

Ph.D., Eastern Michigan University, August 2013 – August 2020

APA Accredited Program

Doctoral Candidate, Clinical Psychology
Research Advisor: Heather Janisse, Ph.D.

Dissertation: “Identifying Risk and Stability of Parental Disrupted Communication among African-American Parents of Head Start Preschool-aged Children”

Status: Defended January 2020

Qualifying Paper: “Disrupted Parenting and its Impact on Child Attachment: Psychopathology, Assessment, Psychotherapy, and Research Design”

Status: Passed March 2016

Thesis: “The Impact of Intimate Partner Violence Experiences at Different Life Stages on Parenting Practices Two Years after Giving Birth”

Status: Defended October 2015

M.S., Eastern Michigan University, September 2011-August 2013

Master of Science in Clinical Psychology

B.A., University of Michigan-Dearborn, September 2007-August 2011

Major: Psychology (with Honors)

Thesis: “Perceived Social Support from Family and Peers”

Status: Defended May 2011

RESEARCH EXPERIENCE

Lead Evaluator (September 2017 – August 2018)

University of Michigan Psychiatry Department, Ann Arbor, MI

Principal Investigators: Katherine Rosenblum, PhD., Maria Muzik, M.D.

Project Title: Promoting Infant and Early Childhood Mental Health: The Infant Mental Health Home Visiting Project

Activities: Conducted in-home data collection visits among infants and parents as part of RCT aimed at assessing the efficacy of the IMH-HV protocol throughout the state of Michigan. Duties included assessment of parent-child relationship, social-emotional development, parent mental health, parenting behaviors, and family trauma/stress exposures. Specific measures administered include Working Model of the Child Interview, DC:0-5 diagnostic, Crowell Play Procedure, and Parent Relational Health Screener. Additionally, biological data was collected, including saliva and hair samples obtained from both parents and infants/toddlers. Additional responsibilities included participant tracking and retention, mentorship of undergraduate research assistants, and processing of participant payments.

Principal Investigator (September 2016 – January 2018)

Hawthorn Center Hospital, Northville, MI

Project Title: Understanding Associations among Childhood Adversity and Treatment Outcome Variables among an Inpatient Pediatric Population

Activities: Conducted research among inpatient children. Assessed childhood experiences of adversity and compensatory/protective factors prior to admission. Evaluated of treatment variables, diagnoses, and outcomes. Coordinated data collection, oversaw data entry, and analyses.

Project Manager (September 2013 – August 2017)
Eastern Michigan University, Ypsilanti, MI

Principal Investigator: Heather Janisse, Ph.D.

Project Title: Parent Focused Obesity Intervention for Low-Income African American Preschoolers in an Urban Head Start Program, NIH/NIDDK (1R03DK097444-01)

Activities: Project managed NIH funded clinical intervention to investigate child and parent health and psychosocial outcomes, parenting behaviors, and impact of trauma history among Head Start population. Duties included data collection at Detroit Head Start preschools and in family homes, data entry and analyses, participant recruitment and retention, conducting literature reviews, project formulations, grant writing, assembling IRB materials, supervision/mentorship of undergraduate and graduate student research assistants, developing intervention, coordinating and conducting parent focus groups, and assembling measures, leading and assisting on manuscript writing.

Research Assistant (September 2011 – August 2017)
Eastern Michigan University, Ypsilanti, MI

Principal Investigator: Alissa Huth-Bocks, Ph.D.

Project Title: The Parenting Project

Activities: Led team of coders of mother-child interactions for maternal behaviors and affect used for research purposes. Attended home visits to collect data from participants and their children. Oversaw transcriptions of Adult Attachment Projective Picture System (AAP). Administered language assessments to participants (age 3) using the Peabody Picture Vocabulary Test, Fourth Edition (PPVT-4) and Expressive Vocabulary Test, Second Edition (EVT-2). Maintained participant retention by contacting participants through home visits and setting up interviews. Mentored undergraduate and graduate research assistants. Assisted on manuscript writing.

Research Assistant (September 2009 – April 2011)
University of Michigan, Dearborn, MI

Principal Investigator: Robert Hymes, Ph.D.

Activities: Completed data collection sessions involving electromyography and survey measures. Assisted in coding physiological data. Helped enter data into SPSS computer software. Conducted literature reviews and prepared presentations for national conferences.

Research Assistant (April 2010 – April 2011)
University of Michigan, Dearborn, MI

Principal Investigator: Michelle Leonard, Ph.D.

Activities: Conducted pre-screening of adult pain clinic patients to assess eligibility for a study concerning long-term relationships of patients with chronic pain. Assessed pain level of participants and administered measures to assess cognitive ability. Worked within behavioral health clinic among interdisciplinary team.

CLINICAL EXPERIENCE

Predoctoral Intern (September 2018 – August 2019)

University Center for the Child and Family (UCCF) at the Mary A. Rackham Institute, University of Michigan – Community Outpatient Clinic, Ann Arbor, MI

Supervisors: Cynthia Ewell-Foster, Ph.D., Erin Hunter, Ph.D., Anupama Agrawal, LMSW

Activities: Conducted individual, family, and group interventions for children ages 2-17 and their families/parents. Conducted initial intake evaluations and treatment plans. Conducted psychoeducation assessments. Attended weekly individual and group supervisions, didactics, and seminars. Provided mentorship to undergraduate interns and practicum students.

Clinical Presentations: Included complex trauma, anxiety, mood disorders, disruptive behavior disorders, autism spectrum disorders, family stress around transitions.

Interventions: Short- and long-term therapy utilizing evidence-based treatments including the Incredible Years, TF-CBT, PMT, CBT, ACT, structured and unstructured play therapy.

Group Psychotherapy: Facilitated bi-weekly psychoeducational group for families dealing with separation and divorce at outpatient community mental health agency and as part of SMILE court program for Washtenaw County.

Assessment: Performed psychoeducational and neuropsychological assessments with children and adolescents for executive functioning concerns, learning differences, intellectual disability, depression, anxiety, and social-emotional delays. Assessments were focused on providing diagnostic clarification to aide in treatment planning and to inform school services.

Supervision Received: Attended weekly individual and group supervision, didactics, case conferences, and seminars. Attended special group supervision seminar focused on working with families of children under the age of 6 years; with an emphasis on evidence-based interventions for early childhood, including Circle of Security, Incredible Years, and Infant Mental Health practices.

Clinic Co-Director (May 2017 – August 2018)

Eastern Michigan University Psychology Clinic – Community Outpatient Training Clinic, Ypsilanti, MI

Supervisor: Karen Saules, Ph.D.

Activities: Oversaw clinic operations and provide supervision and peer support to therapists. Available for crisis and non-emergent consultation for therapists working with individual, family, couples, and group therapy clients, as well as those conducting neuropsychological and psychodiagnostic assessments. Maintained client/therapist schedules and processed billing and payments. Conducted telephone screens for potential clients and assisted with risk assessment and other ethical considerations.

Supervision Received: Supervision is provided by Clinic Director.

Supervision Provided: Oversaw phone intakes and screens conducted by first-year therapists in the clinic. Provided supervision and consultation to therapists dealing with client emergencies. Oversaw clinic operations and consult on issues related to clinic procedures, operations, and ethical considerations.

Therapist, Predoctoral External Practicum (September 2015 – August 2017)

Hawthorn Center Hospital – Inpatient Pediatric Psychiatric Hospital, Northville, MI

Supervisors: Victoria Petti, Ph.D., Marya McCarroll, Ph.D., Tiffany Abrego, Ph.D.

Activities: Conducted individual, family, and group interventions, completed psychodiagnostic assessments; attended weekly supervision; and attended weekly grand rounds and interdisciplinary treatment-coordination meetings within an inpatient psychiatric hospital serving children ages 3-18.

Clinical Presentations: Included PTSD, reactive attachment, disruptive behavior disorders, developmental delays, autism spectrum disorders, schizophrenia spectrum disorders, personality pathology.

Interventions: Short- and long-term therapy utilizing evidence-based treatments including TF-CBT, PMT, ACT, DBT, structured, and unstructured play therapy.

Group Psychotherapy: Co-facilitated adolescent therapy group focused on improving interpersonal communication, distress tolerance, and emotion regulation.

Assessment: Performed psychodiagnostic and neuropsychological assessments with children and adolescents for PTSD, ASD, intellectual disability, personality pathology, depression, anxiety, learning disorders, psychosis, and attachment difficulties. Assessments focused on providing diagnostic clarification to aide in treatment planning and after-care services and were utilized by a multi-disciplinary treatment team.

Supervision Received: Attended weekly group and individual supervision, didactics, case conferences, and grand rounds.

Therapist, Predoctoral Internal Practicum (May 2014 – May 2017)

Eastern Michigan University Psychology Clinic – Community Outpatient Training Clinic, Ypsilanti, MI

Supervisors: Roberta Hitt, Ph.D., Carol Freedman-Doan, Ph.D., Alissa Huth-Bocks, Ph.D., Michelle Byrd, Ph.D., Catherine Hiltz, Ph.D.

Activities: Conducted initial intake evaluations and completed intake paperwork, clinical interviews, treatment plans, psychological assessments, individual child and adult therapy, family therapy, and group interventions at an outpatient community clinic serving diverse populations.

Clinical Presentations: Included mood and anxiety disorders, PTSD, disruptive behavior disorders, ADHD, developmental delays, autism spectrum disorders.

Interventions: Short and long-term therapy utilizing evidence-based treatments including TF-CBT, PMT, CBT, and structured, and unstructured play therapy.

Group Psychotherapy: Created curriculum, implemented, and supervised parent management training group for parents of children with externalizing behavior problems.

Assessment: Performed psychodiagnostic and neuropsychological assessments with children, adolescents, and adults for ADHD, learning disorders, depression, anxiety, PTSD, ASD, psychosis, personality dysfunction, and intellectual disability.

Supervision Received: Attended weekly individual supervision for both therapy and assessment work throughout practicum experience. Video recordings of sessions were reviewed with the faculty supervisors for therapy and assessment cases. Group supervision was received bi-weekly and consisted of case conceptualization presentations. Several topical group supervisions were attended, which

provided specialty training in trauma-focused therapy, psychodynamic interventions, PMT, child assessments, and parallel processes in psychotherapy.

Supervision Provided (September 2015-May 2017): Provided weekly peer supervision to a junior student for one semester in tiered format. Supervision consisted of reviewing video-recorded sessions and documentation related to the case, scaffolding case conceptualizations, directed the therapist to resources, provided support, and exploring parallel processes and transference.

Provided weekly tiered group supervision to seven junior students for one semester. Supervision was for a psychotherapy group focused on implementing parent management training; consisted of reviewing and approving potential clients to the group, structuring group sessions, reviewing group content with group facilitators, working with group facilitators through alliance concerns, and monitoring session documentation.

Provided weekly tiered individual supervision to two junior students for one semester. Supervision was for psychodiagnostic assessment cases of preadolescent clients with presenting concerns related to burgeoning psychosis. Supervision consisted of providing consultation, reviewing relevant assessment batteries with the assessing therapist, and assisting in scoring and interpreting test data.

Psychometrician (April 2014 – April 2018)

Ann Arbor Center for the Family – Private Practice, Ann Arbor, MI

Supervisor: Naomi Alcaine, Ph.D.

Activities: Administered and scored a battery of cognitive and achievement measures to children, adolescents, and young adults for ADHD, learning disorders, and mood disorders at a private practice serving a community population.

Supervision: Weekly individual supervision for assessment work was received.

Therapist, Master's External Practicum (September 2012 – August 2013)

Counseling and Psychological Services (CAPS) – College Counseling Center, Ypsilanti, MI

Supervisors: Melissa Rosenblum, Ph.D., Sharon Carney, Ph.D.

Activities: Conducted intake interviews, treatment planning, and individual and group therapy services at a college counseling center serving a diverse population.

Clinical Presentations: Included mood and anxiety disorders, PTSD, problems of adjustment, and personality disorders.

Interventions: Short-term therapy utilizing evidence-based treatments including CBT, ACT, and interpersonal process therapy under a time-limited therapy model. Clients were traditional and non-traditional students seeking services at a college counseling center.

Group Psychotherapy: Co-facilitated a weekly group for college-aged LGBTQ youth in the process of coming out. Provided support and psychoeducation to group members.

Supervision: Attended a practicum class, weekly individual and group supervision for therapy work throughout practicum.

Outreach: Conducted screens for depression and other psychological disorders at campus-wide screening events, co-facilitated campus events targeting awareness around suicidality.

PEER-REVIEWED MANUSCRIPT PUBLICATIONS

Peterson, C., **Riggs, J. L.**, Guyon-Harris, K., Harrison, L., & Huth-Bocks, A. C. (2019, February). Effects of intimate partner violence and quality of the home environment on child language development in the first three years of life. *Journal of Developmental and Behavioral Pediatrics* 40(2) 112-121.

Poehacker, S., Phillips, D., **Riggs, J. L.**, & Lauterbach, D. (2017, May). Longitudinal trajectory of exposure to psychological interpersonal violence. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260517707309

PEER-REVIEWED MANUSCRIPT PUBLICATIONS UNDER REVIEW

Romero, G., Huth-Bocks, A.C., Puro-Gallager, E., **Riggs, J. L.** (under review). Maternal prenatal depression, PTSD, and problematic parenting: The mediating role of perceptions of infant emotion. *Journal of Reproductive and Infant Psychology*.

PEER-REVIEWED MANUSCRIPT PUBLICATIONS IN PREPARATION

Riggs, J. L., Janisse, H. Huth-Bocks, A.C., Peterson, C., Rosenblum, K. (*in preparation*). Identifying risk and stability of parental disrupted communication among African-American parents of Head Start preschool-aged children.

Status: Data collected and analyzed; full manuscript draft written. Awaiting formal feedback from co-authors before submitting to peer-reviewed journal.

Riggs, J. L., Janisse, H., Lauterbach, D., Huth-Bocks, A.C. (*in preparation*). The impact of intimate partner violence experiences at different life stages on parenting practices and child development two years after giving birth.

Status: Data collected and analyzed; full manuscript draft completed. Incorporating co-author feedback prior to submitting to peer-reviewed journal.

ORAL CONFERENCE PRESENTATIONS

Riggs, J.L., Janisse, H. (2019, March). Understanding contextual variables in relation to stability and instability of disrupted parenting using the AMBIANCE coding system. Paper presented to the Society for Research in Child Development, Baltimore, MD.

Pitzen, J., Franz, S., **Riggs, J. L.**, Huth-Bocks, A.C., (2018, May). Parental reflective functioning: Stability from prenatal to postnatal assessment and predictor of observed parenting and attachment security at 2-years postpartum. Paper presented at the World Association for Infant Mental Health, Rome, Italy

Huth-Bocks, A. C., Ahlfs-Dunn, S., Guyon-Harris, K., Shaun Ho, S., **Riggs, J. L.**, Pitzen, J., & Swain, J. (2017, October). Disorganized parenting is related to greater salience of infant cues and helplessness among trauma-exposed mothers using Functional Magnetic Resonance Imaging (fMRI). Paper presented at the International Society for Traumatic Stress Studies, Chicago, IL.

Riggs, J. L., Huth-Bocks, A. C., Janisse, H., & Lauterbach, D. (2016, May). Maternal experiences of intimate partner violence at different life stages predict toddler social-emotional problems via disorganized parenting. Paper presented at the World Association for Infant Mental Health, Prague, Czech Republic.

Guyon-Harris, K., **Riggs, J. L.**, & Huth-Bocks, A. C. (2015, May). Psychosocial risk, protection, and parental functioning in relation to the development of emotional capacities in young children: Findings from the Michigan Infant-Toddler Research Exchange. Paper presented at the Michigan Association for Infant Mental Health, Kalamazoo, MI.

Dayton, C., Huth-Bocks, A.C., Busuito, A., Hicks, L., & **Riggs, J. L.** (2014, November). Mechanisms of

transmission: Interpersonal conflict, maternal perceptions of infant emotions and early parenting processes. Paper presented at the Biennial Conference for the Society for Research in Child Development Special Topics Meeting – Parenting At Risk, San Diego, CA.

Riggs, J. L., Guyon-Harris, K., Rouleau, E., Pitzen, J., Rivas, M., & Huth-Bocks, A. C. (2014, November). The effect of maternal trauma on child attachment security: The indirect effects of maternal PTSD symptoms and atypical parenting behaviors. Paper presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Phillips, D., **Riggs, J. L.**, Guyon-Harris, K., Poehacker, S., & Lauterbach, D. (2014, November). Caregiver reports of partner-to-partner psychological aggression: A latent class growth analysis. Paper presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Huth-Bocks, A.C., Guyon-Harris, K., **Riggs, J. L.**, Merlanti, M., Rouleau, E., & Gutman, E. (2014, June). Mothers' secure base scripts: Associations with parenting and infant and toddler social-emotional functioning in a high-risk sample. Paper presented at the World Infant Mental Health Association, Edinburgh, Scotland.

Harris, K., Alfs-Dunn, S., Huth-Bocks, A. C., & **Riggs, J. L.** (2013, May). Resilient bonds: The impact of relational and contextual variables on the promotion and stability of security during infancy and toddlerhood in the face of adversity. Paper presented at the 2013 Michigan Association for Infant Mental Health (MI-AIMH) Conference, Lansing, MI.

CONFERENCE POSTER PRESENTATIONS

Riggs, J. L., Huth-Bocks, A.C., Petti, V. (2019, March). Examining adverse childhood experiences (ACEs) and child psychosocial functioning among pediatric inpatients. Poster presented to the Society for Research in Child Development, Baltimore, MD.

Riggs, J. L., Teske, N., Kahtava, A., Janisse, H. (2018, April). Parent perceptions of child weight and parent motivation for health change among African-American families. Poster presented at the Society of Pediatric Psychology, Orlando, FL.

Allaire, T., **Riggs, J.L.**, Saules, K., Lajiness-O'Neill, R., (2018, February). A cluster-analytic approach to examining links between psychodiagnostic profiles and neuropsychological task performance among an outpatient clinical sample. Poster presented at INS, Washington, D.C.

Franz, S., Pitzen, J., Morgan, E., **Riggs, J. L.**, Jakubowski, B., & Huth-Bocks, A. C. (2017, October). Prenatal PTSD symptoms and prenatal reflectivity predict positive and negative parenting behaviors 2-years postpartum among a sample of trauma-exposed mothers. Poster presented at the International Society for Traumatic Stress Studies, Chicago, IL.

Pitzen, J., **Riggs, J. L.**, Guyon-Harris, K., Franz, S., & Huth-Bocks, A. C. (2017, May). Longitudinal associations between parental reflective functioning, parenting behavior, and infant affect among a sample of racially and economically diverse mothers. Poster presented at the Michigan Association for Infant Mental Health, Kalamazoo, MI

Franz, S. E., Behnfeldt, D., Morris, G., Servin Olivares, J., Guyon-Harris, K., **Riggs, J. L.**, & Huth-Bocks, A.C. (2017, May). Maintaining contact with high-risk families in developmental research and clinical practice. Poster presented at the Michigan Association for Infant Mental Health, Kalamazoo, MI

Riggs, J. L., Man Chow, C., Pitzen, J., Gutman, E., & Huth-Bocks, A. C., (2017, April). Stability and interaction of positive and negative parenting behaviors as mediated by child social-emotional problems. Poster presented at the Society for Research in Child Development, Austin, TX.

Esposito, C., Chase, R., **Riggs, J. L.**, & Janisse, H., (2017, April). Maternal predictors of school readiness

- among African American preschool age children. Poster presented at the Society for Research in Child Development, Austin, TX.
- Harrison, L., **Riggs, J. L.**, Peterson, C., Guyon-Harris, K., & Huth-Bocks, A. C. (2017, April). Longitudinal examination of adverse effects of intimate partner violence on toddler language development. Poster presented at the Society for Research in Child Development, Austin, TX.
- Romero, G., **Riggs, J. L.**, Teslow, J., & Huth-Bocks, A. C. (2017, April). Negative maternal perceptions of infant emotion moderate the association between contextual risk and later positive parenting. Poster to be presented at the Society for Research in Child Development, Austin, TX.
- Franz, S., Servin Olivares, J., Behnfeldt, D., Morris, G., Guyon-Harris, K., **Riggs, J. L.**, & Huth-Bocks, A. C. (2017, April). Methods for retaining underrepresented and economically disadvantaged families in developmental research. Poster presented at the Society for Research in Child Development, Austin, TX.
- Kilber, N., **Riggs, J. L.**, Janisse, H., Esposito, C., & Hennrick, H. (2017, April). Maternal mental health impacting parent sense of competence. Poster presented at the Society for Research in Child Development, Austin, TX.
- Pitzen, J., **Riggs, J. L.**, Morgan, E., & Huth-Bocks, A. C. (2016, May). Self-reported and observed ratings of parental reflective functioning: Associations with maternal mental health and parenting. Poster presented at the Biennial International Conference of Infant Studies, New Orleans, LA.
- Esposito, C., **Riggs, J. L.**, Kilber, N., Hennrick, H., Snapp, E., Romero, G., & Janisse, H. (2016, May). Child externalizing problems, maternal depression, and parenting in low-income African American families. Poster presented at the 28th Association for Psychological Science Convention, Chicago, IL.
- Kilber, N., **Riggs, J. L.**, Esposito, C., Hennrick, H., Sohnleitner, A., & Janisse, H. (2016, May). Association between parental adverse childhood experiences and parent-child interaction during feeding time. Poster presented at the 28th Association for Psychological Science Convention, Chicago, IL.
- Hennrick, H., **Riggs, J. L.**, Esposito, C., Kilber, N., Sears, S., & Janisse, H. (2016, May). Neighborhood environment and behavior problems in African American children: The home as a protective factor. Poster presented at the 28th Association for Psychological Science Convention, Chicago, IL.
- Riggs, J. L.**, Huth-Bocks, A.C., Pitzen, J., & Gutman, E. (2015, March). Contextual risk variables as predictors of stability in observed maternal parenting behavior at 1- and 2- years postpartum. Poster presented at the Biennial Conference for the Society for Research in Child Development, Philadelphia, PA.
- Pitzen, J., **Riggs, J. L.**, & Huth-Bocks, A.C. (2015, March). Associations between parental reflective functioning and maternal sensitive and interfering parenting behaviors toward toddlers. Poster presented at the Biennial Conference for the Society for Research in Child Development, Philadelphia, PA.
- Riggs, J. L.**, Janisse, H., Johns, S., Esposito, C., & Chase, R. (2015, March). Direct and indirect effects of maternal stress and negative child social-emotional outcomes in a low-income, African-American sample. Poster presented at the Biennial Conference for the Society for Research in Child Development, Philadelphia, PA.
- Chase, R., **Riggs, J. L.**, Rivas, M., Esposito, C., Johns, S. & Janisse, H. (2015, March). Intimate partner violence and child internalizing and externalizing behaviors in low-income African-American families. Poster presented at the Biennial Conference for the Society for Research in Child Development, Philadelphia, PA.
- Riggs, J. L.**, & Huth-Bocks, A.C. (2014, November). Maternal risk and protective factors and child outcomes related to parenting profiles. Poster presented at the Biennial Conference for the Society for Research in Child Development Special Topics Meeting – Parenting At Risk, San Diego, CA.

- Riggs, J. L.,** Rouleau, E., Merlanti, M., Gutman, E., & Huth-Bocks, A.C. (2013, November). Exposure to intimate partner violence throughout the lifespan predicts parenting outcomes. Poster presented at 2013 International Society for Traumatic Stress Studies, Philadelphia, PA.
- Rosenberg, S., **Riggs, J. L.,** Harris, K., Gutman, E., & Huth-Bocks, A. C. (2013, May). Associations between maternal depression and perceptions of the parent-child relationship as moderated by maternal social support and relationship satisfaction. Poster presented at the 2013 Michigan Association for Infant Mental Health (MI-AIMB) Conference, Lansing, MI.
- Riggs, J. L.,** Calvert, M., Scott, S., Huth-Bocks, A.C., & Rosenberg, S. (2013, April). The relationships between historical, perinatal and current threats to the caregiving system and parenting outcomes. Poster presented at the Biennial Conference for the Society for Research in Child Development, Seattle, WA
- Riggs, J. L.,** & Huth-Bocks, A.C. (2012, March). Associations between maternal social support during pregnancy and later infant-mother attachment security. Poster presented at the Graduate Research Fair at Eastern Michigan University, Ypsilanti, MI.
- Riggs, J. L.,** & Martin, R. (2010, May). How beliefs in the paranormal predict superstitious behaviors. Poster presented at the 83rd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Riggs, J. L.,** Schick, J., & Karreci, L. (2010, May). Stereotypes and attributions of drug users or abusers. Poster presented at the 83rd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Riggs, J. L.** (2010, May). Perceived social support from family and peers. Poster presented at the 83rd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Williams, K., **Riggs, J. L.,** Evans, M., & Beddow, M. (2010, May). Physiological correlates of racial bias: Comparing electromyography with traditional measures of prejudice. Poster presented at the 82nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

TEACHING EXPERIENCES

Invited Lecturer (November 2018)

University of Michigan, Ann Arbor, MI

Responsibilities: Invited lecturer for graduate level interpersonal processes social work course on family therapy. Lectured on topic of parenting through separation and divorce.

Invited Lecturer (November 2018)

University of Michigan, Flint, MI

Responsibilities: Invited lecturer for undergraduate level introduction to therapy course. Lectured on provision of infant mental health services.

Coordinator (August 2018 – April 2019)

Eastern Michigan University, Ypsilanti, MI

Introductory Psychology Research Lab (Fall 2018, Winter 2019)

Responsibilities: Oversee 15 graduate-level instructors each teaching 2-3 sections of an Introductory Psychology Research Lab (22 students/section), covering basic introductory material related to implementation of psychology as a science. Responsible for creating course content, providing training to incoming instructors, consulting on classroom management policies, and providing support to students and instructors.

Adjunct Faculty (August 2017 – December 2017)

Schoolcraft College, Northville, MI

Introductory Psychology (Fall 2017)

Responsibilities: Teach one section of Introductory Psychology (30 students), covering basic introductory material related to psychological science. Responsible for creating, teaching, and grading original course content, which consists of two examinations (essay and multiple choice) and a research paper. Hold office hours weekly.

Adjunct Teaching (August 2015 – April 2018)

Eastern Michigan University, Ypsilanti, MI

Motivation and Emotion (Winter 2018, Fall 2017)

Responsibilities: Teach one section of Motivation and Emotion (40 students), covering theories related to biological, affective, and other psychological drives for motivation and behavior change. Responsible for creating, teaching, and grading original course content, which consists of two examinations (essay and multiple choice) and one 8-page paper. Hold office hours weekly.

Introductory Psychology (Winter 2018, Fall 2017, Fall 2016)

Responsibilities: Teach one section of Introductory Psychology (80 students), covering basic introductory material related to psychological science. Responsible for creating, teaching, and grading original course content, which consists of two examinations (essay and multiple choice) and weekly reading quizzes. Hold office hours weekly.

Abnormal Psychology (Fall 2017, Winter 2017)

Responsibilities: Teach one large (80 students) and one small (40 students) section of Abnormal Psychology, covering development and progression of *DSM-5* psychological diagnoses and related treatments. Responsible for creating, teaching, and grading original course content, which consists of three examinations (essay and multiple choice) and several in-class applied activities. Hold office hours weekly.

Psychology of Women (Winter 2017)

Responsibilities: Teach one section of Psychology of Women (40 students), covering current gender theories, focusing on the intersectionality of identity, and experiences of prejudice, discrimination, and privilege. Responsible for creating, teaching, and grading original course content, which consists of one scientific paper (8 pages), one interview with an older woman (age 65 or greater), and one reflection paper (4-8 pages). Hold office hours weekly.

Child Psychology (Fall 2015, Winter 2016)

Responsibilities: Teach two section of Child Psychology (40 students), covering child development from prenatal through preadolescence. Responsible for creating, teaching, and grading original course content which consists of four examinations (essay and multiple choice) and four applied activities. Hold office hours weekly.

Teaching Assistant for Graduate Courses (May 2015 – April 2018)

Eastern Michigan University, Ypsilanti, MI

Cognitive Assessment (Winter, 2018, Winter, 2017, Winter 2016, Summer 2016, Fall 2015, Summer 2015)

Faculty Supervisor: Catherine Peterson, Ph.D.

Responsibilities: Served as teaching assistant to faculty covering graduate level cognitive assessment course. Responsibilities include conducting competency check-outs for assessment measures (WAIS-IV, WISC-V, WIAT-III) and grading protocols for accuracy in administration and scoring (WAIS-IV, WISC-V, WIAT-III, BASC, Conners, CAARS) for students (8-12 each section). Additionally, guest lectured on specialty material.

Interpersonal Processes in Psychotherapy (Fall 2017, Fall 2016)

Faculty Supervisor: Eamonn Arble, Ph.D.

Responsibilities: Serve as teaching assistant to faculty covering graduate level, cornerstone course on interpersonal process theory and introduction to psychotherapy. Responsibilities include conducting peer-supervision to first-year therapists during the intake for their first client. Students enrolled in the course receive 60 minutes of supervision aimed at helping them conceptualize the presenting clinical concerns and establishing a treatment plan.

Curriculum Development Facilitator (Fall 2013 – Fall 2014)
Eastern Michigan University, Ypsilanti, MI

Responsibilities: Tasked with restructuring and creating new course material for undergraduate psychology introductory research course. Co-authored lab manual. Provided mentorship to incoming instructors and assisted in implementing new material.

Instructor (Fall 2011 – Summer 2012)
Eastern Michigan University, Ypsilanti, MI

Responsibilities: Instruct 14 sections (22 students each) on undergraduate introductory research methods. Responsible for creating course content and holding office hours.

Mentor (February 2011 – August 2012)
Wayne Metro Community Action Agency

Responsibilities: Taught and mentored high school students in life skills training, including making positive life choices, self-expression, effective communication, and obtaining jobs/attending colleges.

Honors Program Coordinator (September 2010 – January 2011)
University of Michigan – Dearborn

Responsibilities: Responsible for discerning and contacting potential Psychology Honors students, and collected and reviewed applications. Conducted Guest Lectures for Honors class.

Mentoring Program Assistant (April 2009 – April 2011)
University of Michigan – Dearborn

Responsibilities: Campus advisor for undergraduates mentoring students at local middle school. Oversaw program focused on helping children at-risk make educational and emotional gains.

TRAININGS AND CERTIFICATIONS

Working Model of the Child Interview (WMCI), University of Michigan, August 2018

Trainer: Katherine Rosenblum, Ph.D.

Reliability achieved: December 2018

Secure Base Script Training, Penn State Heath Milton S. Hershey Medical Center, August 2017

Trainer: Harriet Waters, Ph.D.

Alliance-Focused Training: Level I Workshop, The New School, October 2016

Trainers: Jeremy Safran, Ph.D., Christopher Muran, Ph.D., & Catherine Eubanks, Ph.D.

Manchester Child Attachment Story Task (MCAST), Penn State Health Milton S. Hershey

Medical Center, May 2016

Trainer: Johnathan Green, Ph.D.

Attachment & Clinical Practice Training, Penn State Health Milton S. Hershey Medical

Center, March 2016

Trainer: Brian Allen, Psy.D.

Atypical Maternal Behavior Instrument for Assessment and Classification (AMBIANCE),

Adelphi University, April 2014

Trainers: Sheri Madigan, Ph.D., & Elisa Bronfman, Ph.D.

Reliability Achieved: December 2017

HONORS, AWARDS, AND HONORARY SOCIETY MEMBERSHIPS

Youssef Scholarship Award, Eastern Michigan University, 2017

Awarded annually (\$1200) to student who demonstrates leadership in organizations that promote positive female environments and work within diverse environments

University Graduate Scholarship, Eastern Michigan University, 2017

Awarded annually (\$750) to student who demonstrates promise in research endeavors

Eastern Michigan University Doctoral Fellowship, Eastern Michigan University, 2013-2017

Including stipend and full tuition remission

Most Valuable Professor Award, Eastern Michigan University, 2017

Awarded to favorite professor of student athletes

Graduate Student Travel Stipend, Eastern Michigan University, 2013-2017

Travel stipend awarded from the Graduate school (\$250-\$400) awarded five consecutive years

Travel stipend awarded from the College of Arts and Sciences (\$400) awarded five consecutive years

Travel stipend awarded from the Psychology Department (\$400) awarded five consecutive years

TruEMU Campaign, Eastern Michigan University, 2015-2016

Chosen as graduate student representative of clinical psychology as an exemplary member of campus community. Image featured on campus advertisements and banners

Blue Cross Blue Shield of Michigan Student Award, Eastern Michigan University, 2014

2122.SAP (\$3000) award for "Atypical Parenting Behaviors and Obesity in Response to Parenting Intervention in a High Risk Sample"

Difference Maker Award, University of Michigan, 2011

Selected as psychology department representative of a student that makes a positive impact on the community

Dean's List, University of Michigan, 2007-2011

University Honors, University of Michigan, 2009-2011

James B. Angell Scholar, University of Michigan, 2009

Psi Chi International Honour Society in Psychology, University of Michigan, 2009-present

PROFESSIONAL AFFILIATIONS

Student Member, Society for Research in Child Development

Student Member, Michigan Association for Infant Mental Health

Student Member, American Psychological Association

Student Member, International Society for Traumatic Stress Studies

OTHER SERVICES/ACTIVITIES

President, Graduate Student Association (April 2017 – August 2018)

Eastern Michigan University, Ypsilanti, MI

Activities: Founded and run campus-wide organization aimed at advocating for graduate students on campus. Projects include working toward student health insurance, reduction in fees and costs imposed upon students, and creating opportunities for graduate student networking. Preside over monthly meetings, attend Faculty Senate.

Independent Consultant (September 2015 – August 2018)

Eastern Michigan University, Ypsilanti, MI

Activities: Provide consultation on statistics, research method, and APA-style writing

President, Graduate Student Wellness Committee (September 2015 – December 2016)

Eastern Michigan University, Ypsilanti, MI

Activities: Elected by peers, conducted bi-weekly meetings aimed at improving student wellbeing. Organized student activities to promote professional development, work-life balance, and access to mental health services.

Doctoral Student Representative (September 2014 – August 2015)

Clinical Psychology Doctoral Training Committee, Eastern Michigan University, Ypsilanti, MI,

Activities: Elected by peers, attended monthly faculty meetings as student representative to the doctoral training committee

Graduate Student Coordinator (September 2013 – August 2015)

PSI CHI National Honor Society in Psychology, Eastern Michigan University, Ypsilanti, MI

Activities: Prepares student applications, inducts members annually.