

Sheila M. Marcus, M.D.

Clinical Professor, University of Michigan Department of Psychiatry



Current appointments

Research Professor,
Center for Human Growth and Development,
University of Michigan

Section Chief, Child and Adolescent Psychiatry

Education

- B.S., Zoology, University of Michigan, 1979
- M.D., University of Michigan, 1983
- Board Certification in Adult Psychiatry and Child Psychiatry, 1992

Dr. Marcus is a clinical professor at the University of Michigan, section chief for child and adolescent psychiatry, and co-director of the Infant and Early Childhood Clinic. She has 25 years of experience working with high risk populations both in southeast Michigan and statewide. She has a longstanding interest in early childhood mental health, parent-child relationships, perinatal psychiatry, maternal depression and trauma. Other areas of interest include integration of mental health treatment in primary care settings.

Dr. Marcus serves as a current principal investigator on a Centers for Medicare and Medicaid Services (CMS) grant to examine uses of information technology to provide consultative services for women and children in rural Michigan, and to link academic child psychiatrists to primary care physicians across the state of Michigan. Her research explores intergenerational transmission of illness, gender issues in psychiatric illness, maternal child attachment and early risk factors for childhood psychiatric illness, as well as the development of interventions to promote wellness in mothers and their children.

“I love working with young children. Working with preschoolers and their parents has given me the opportunity to impact the life trajectory of the children I serve.”

Dr. Marcus has served as a co-investigator on a large NIH trial (STAR*D) to understand pharmacologic and therapeutic outcomes in depression management. She has published in areas including integration of psychiatric/obstetric care, electronic medical records, depressive disorders in pregnancy, and screening in primary care and obstetric settings. She was a co-investigator on the PIMACS study (Perinatal Infant Mother Attachment Cortisol Study), a NIH funded longitudinal study investigating the impact of maternal depression risk across pregnancy on birth and infant outcomes.

Areas of interest

- Infant and early childhood mental health
- Relational and attachment issues
- Trauma identification and treatment in early childhood
- Depression in childbearing women
- Integration of mental health and primary care: teleconsultation and telepsychiatry
- Internet-based educational outreach strategies