



Zero to Thrive Translational Network Charter

Implementation Date: June 1, 2020

Zero to Thrive Translational Network Background

The Translational Network was conceived by Zero to Thrive (Z2T) leadership who envisioned that connected and aligned faculty with similar agendas and aims could create more novel, robust work than any individual faculty member. Z2T leadership recognized a desire by many faculty to have an intellectual home among colleagues who are interested in pursuing research, community based programs, advocacy, and training opportunities focused on the health, education, and well-being of families beginning at preconception, through pregnancy, and until the children are eight years of age, with a commitment to multi-generational impacts. A think tank type meeting was held in November 2016 to explore the idea with interested colleagues and the TN was launched in March of 2018 with a retreat. Attending faculty agreed to support the TN with the primary purpose being to find synergy between multiple disciplines and departments across the entire UM campus and to build capacity and an environment that creates real world solutions to difficult social problems.

The group has thus far been launched by Z2T leadership Dr. Kate Rosenblum and Dr. Maria Muzik with resources from Michigan Medicine & the Department of Psychiatry. Dr. Alison Miller has been instrumental in the initial planning, development, and execution of the TN. The TN has met three times including a January 2020 meeting to review the Z2T Strategic Plan. The TN has had some early successes: 1. Identification of Z2T relevant UM classes (August 2019); 2. Research and Policy Perspectives on Separating (and Reconnecting) Children and Parents: Implications for Families on the Border, panel discussion and report (July 2018); 3. Focus on Health Equity: Mom Power Focus Groups (March 2020); 4. Z2T responses to COVID-19 – multiple infographics, press interactions, and publications of a coloring story book to help young children process the pandemic (zerotothrive.org); 5. Published collaborative papers: most recently, *Developmental Differences in the Association of Peer Relationships with Traumatic Stress Symptoms* in *Prevention Science*, Dr. Rebeccah Sokol primary author.

In the fall of 2019 Z2T added a Strategic Director, H. Lynette Biery, PA-C, MSc who brings relevant administrative skills to assist with the implementation, execution, and promotion of the TN. A strategic plan has been developed and includes an objective aimed at expanding the breadth and reach of the TN. The added staff resource will ensure that we are able to more efficiently move our collective agenda along and see the TN achieve many successes.

The overarching purpose of a charter is to align TN members' expectations, focus, and efforts around an agreed upon organizational purpose and scope. The TN Charter is grounded in the Z2T vision and mission and formalizes the Translational Network's scope, objectives, operations, and deliverables so that the group's collective synergy can create innovative solutions to lingering social problems.

Zero to Thrive Vision & Mission

Vision: From pregnancy through early childhood all families will have the well-being necessary to achieve their full potential.

Mission: To spark robust scientific discoveries, quality training, and vibrant cross-sector initiatives that create breakthrough, real-world solutions to transform the well-being and resilience of families from conception to early childhood with impacts for generations to come.

Positioning Statement: Zero to Thrive is built on the premise that the period from pregnancy through early childhood is an especially sensitive and fruitful time to mitigate the multi-generational effects of inequity, trauma, and adversity and promote health, education, and well-being. We believe that providing families, from the start, with cutting-edge treatment and tools needed to sustain nurturing, supportive relationships will serve as a protective buffer that allows families to thrive now and into the next generation. Zero to Thrive will therefore harness the power of collaboration across the University of Michigan and with communities to create a portfolio of advocacy initiatives, research, treatment, and training that support well-being and resilience across two generations.

Zero to Thrive Translational Network Purpose

The Z2T Translational Network exists to create multi-disciplinary collaboration, align advocacy agendas, create opportunities to embed the community in research and program development, incubate novel solutions to unsolved problems, and train the next generation of professionals. TN collaborations, projects, and advocacy will align with Zero to Thrive's vision, mission, and positioning statement.

Zero to Thrive Translational Network Scope

The Translational Network is an intellectual home for UM faculty members interested in the perinatal to early childhood period and in having a multi-generational impact. We define perinatal as the time period in a woman and her family's life as preconception through the first year postpartum and early childhood as age 0 – 8. Multidisciplinary collaboration is a hallmark of the TN as we strive to spark and incubate novel ideas to solve difficult social and health problems. The TN will build momentum for our collective agenda of mitigating the effects of inequity, trauma, and adversity and improving health outcomes and well-being across generations.

Zero to Thrive Translational Network 2020 Objectives and Milestones

Objective One: Formalize the TN operations and execution with approval of a Charter.

Milestones:

- *Development and approval of the TN Charter*
- *Charter implementation*
 - *Steering Committee*
 - *Member agreements submitted*
 - *Steering Committee and Member meetings completed (cadence noted below)*
- *Approval of the Steering Committee at the fall annual meeting*
- *Development of a writing group statement and authorship guidelines*

Objective Two: Increase the Translational Network Membership.

Milestones:

- *Increase the TN membership by 10% in 2020*
- *Create a plan for adding members from other universities*
- *Vet the inclusion of community members*

Objective Three: Promote the Translational Network to internal and external audiences.

Milestones: Publish a paper under TN writing group authorship.

- *Paper published by end of 2020*
- *TN promotion on Z2T website*
- *Internal UM promotion*

Zero to Thrive Translational Network Operations

Z2T Co-Directors, Dr. Kate Rosenblum and Dr. Maria Muzik, will provide executive leadership of the TN and will ensure that the TN implementation supports the TN Charter.

TN Steering Committee – The purpose of the steering committee (SC) is to provide the primary leadership, agenda setting, and longer-term planning for the TN. The SC will be charged with ensuring the annual objectives and milestones are met. One of the two Z2T Co-Directors will be seated on the Steering Committee.

Steering Committee Chair-

- **Chairperson’s Role** – The Steering Committee Chairperson will work closely with Z2T leadership to ensure the terms of the TN Chartered are honored. The Chair will convene the Steering Committee and work with Z2T Strategic Director to set meeting agendas, review meeting summaries, recruit new members, and establish a promotion plan. The Chair will lead the development of a writing group statement and authorship guidelines by the end of 2020. The Chair will ensure the TN Membership is informed of the Steering Committee’s meetings and decisions.
- **Chairperson Term** – The Steering Committee Chairperson will have a minimum of a three-year term and can serve consecutive terms with the approval of a simple majority of the membership present at the fall annual meeting of the TN.

Steering Committee Members

- **Steering Committee Composition** – Members should be representative of the TN. The committee should be comprised of multi-disciplinary members whose work and expertise covers the Z2T TN period of interest, perinatal through early childhood.
- **Steering Committee Member Roles** – Members will assist with ensuring that the TN objectives and milestones are met and provide input and feedback on the TN implementation.
- **Steering Committee Terms** – The SC members will serve two-year terms and can serve consecutive terms with the approval of a simple majority of the membership present at the fall annual meeting of the TN.

Steering Committee Staff – Z2T Strategic Director will work with the TN Steering Committee Chair to plan meetings, maintain TN member database, promote the TN, and manage the completion of TN objectives and milestones, and be a resource to the SC.

Steering Committee Meetings – The SC will meet three times a year before each of the three member meetings. Meetings will generally be in January, April, and September and last 1.5 hours in virtual and/or in-person format. SC Members are asked to commit to attending 2 of the 3 meetings.

TN Members – Translational Network members are UM faculty interested in having an intellectual home and working collaboratively within the framework of the Z2T vision and mission. TN members are asked to agree to the terms of the TN Charter. Specifically, TN members are asked to commit to:

1. Identify as a Z2T TN member. In 2020, members will be provided with a standard email signature to add to their email signature and are asked to identify as a TN member in as many ways as currently possible.

2. Complete a TN Membership Participation Agreement that includes documentation of member's commitment to the TN Charter, identifies areas of interest, and submits a current CV.
3. TN members are asked to attend at least 1/3 meetings a year.

Zero to Thrive Translational Network Leadership Roster

Steering Committee Chairperson – Dr. Alison Miller, School of Public Health

Steering Committee Members –

Dr. Kate Rosenblum, Z2T Co-Director, Michigan Medicine, Psychiatry

Dr. Joshua B. Kay, Michigan Law School

Dr. Natasha Pilkauskas, Ford School of Public Policy

Dr. Nicole Gardner- Neblett, Michigan LSA, Psychology

Steering Committee Staff – H. Lynette Biery, Z2T Strategic Director

Attachments – Z2T TN Member Agreement; Z2T TN Charter timeline

Date Charter last updated – 4/28/20