



STRONG ROOTS FULL MODEL

The Strong Roots (SR) Full Model includes a multifamily group with 10 group sessions and three individual sessions with participants that delivers the curriculum with full model fidelity. Each of the flagship programs has a fully developed and tested model with established training curriculum.

PRINCIPLES & PRACTICES

Strong Roots (SR) Principles and Practices trainings allow organizations to identify specific needs that are addressed via short, targeted trainings and consultations that quickly infuse the SR concepts and skills necessary to promote resiliency in pregnant women and families with young children.

STRONG ROOTS ENCOUNTERS

Strong Roots (SR) Encounters are very short (1 – 1.5 hour) Lunch and Learns, conference presentations, parent café, and consultations that present a specific SR concept that an organization identifies a need, a topic for training and skill building.

WHAT PROVIDERS ARE SAYING

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Training in the Strong Roots programs helped our agency and team build stronger connections so that we are able to better support the families we serve.

Parents find this to be a very user-friendly and empowering program, and when parents on my caseload participate, I can see how it really ‘jump starts’ the work we do together.

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For more information about Strong Roots Programs, contact Lynette Biery, Zero to Thrive Strategic Director, at bieryh@med.umich.edu

WWW.ZEROTOTHRIVE.ORG/STRONG-ROOTS-PROGRAMS