

**Zero to Thrive Perinatal Psychiatry Didactic Schedule Jan-March 2021
12-1 PM**

<https://umich-health.zoom.us/j/91014958685>

Meeting ID: 910 1495 8685

Schedule subject to change

- Jan 5 Peripartum Medications *Shaw, MD*
- Jan 12 Intro to the Perinatal Period *Shaw, MD*
- Jan 19 Intro to the Perinatal Period cont. & Psychodynamic factors *Shaw, MD*
- Jan 26 Diversity & Trauma Informed Practice *Muzik, MD, MSc*
- Feb 2 Perinatal Focused Psychotherapies: Peri DBT/IMH or CPP *Bresky, LMSW*
- Feb 9 Special Consid. for Sleep During the Perinatal Period *Swanson, PhD*
- Feb 16 CAM medicine therapies for perinatal depression and anxiety *Lopez, MD*
- Feb 23 Evolutionary Approach to Perinatal Mental Health Problems *Debiec, MD*
- March 2 Reproductive Losses *Bullard, LMSW, MPH*
- March 9 Fathers *Lopez, MD/Heggstad, LMSW*
- March 16 Substance misuse/treatment in the perinatal population *Journey, DO*

